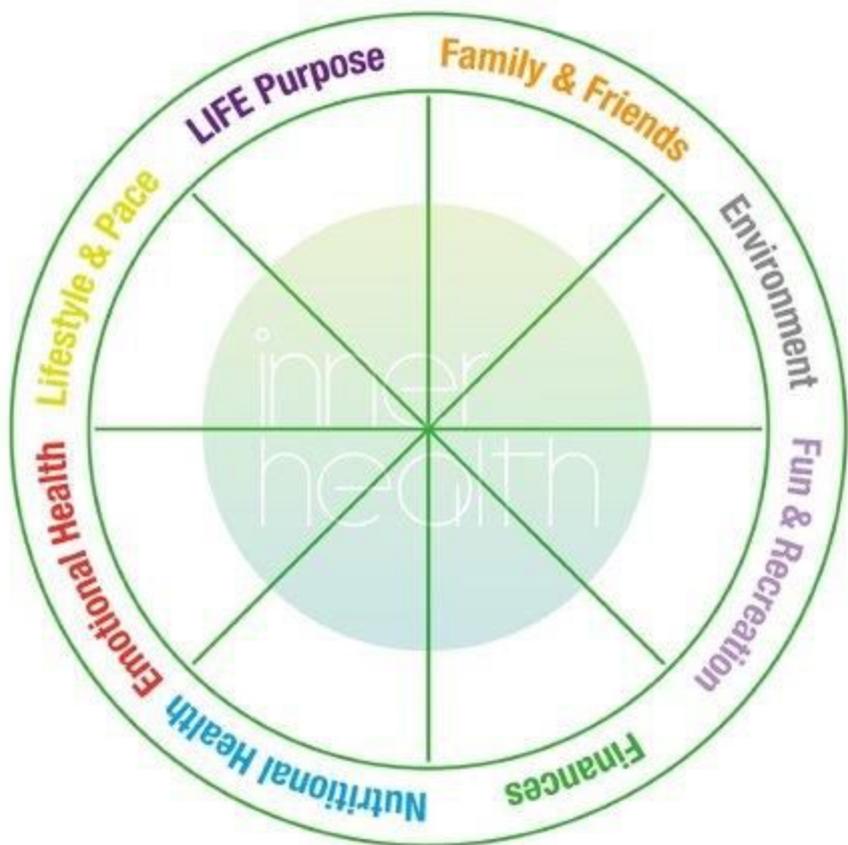




8 ELEMENTS OF FREEDOM WHEEL

Functional Medicine Approach To Recovery From Digestive Issues And Chronic Fatigue



Please put a score from 1 to 10 as to how satisfied you are in each of these areas. Try not to overthink it, pop whatever number come up in each section. This is purely how you feel about each of these areas right now.